

BE AWARE, KEEP PROTECTED, STAY SUN SAFE

DAMAGING EFFECTS

ARE YOU DYING TO GET A TAN?

- The sun's UV rays are a carcinogen and the primary cause of skin cancer.
- **80%** of tumours occur on the head, face, neck and hands.
- Large tumours can develop around the mouth and nose.
- Left untreated, skin cancer can spread to other parts of the body to form new cancers.

SKIN CANCER CAN ALSO CAUSE SIGNIFICANT NEGATIVE IMPACT BOTH PHYSICALLY AND PSYCHOSOCIALLY:

PSYCHOSOCIAL IMPACTS



Low Self Esteem



Social Isolation
& Loneliness



Anxiety & Stress



Embarrassment

PHYSICAL SYMPTOMS



Difficulty Eating,
Speaking or Breathing



Vision Problems



Trouble Hearing



Problems Sleeping



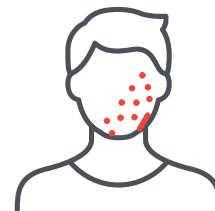
Itching



Bleeding



Soreness & Pain



Scarring & Disfigurement

Sanofi Genzyme, July 2020. State of the Nation: NMSC Report pdf

BE SUN SAFE

If you fail to protect your skin from UV radiation, you're putting yourself at risk.
Apply sun protection cream.



DAMAGE IS PERMANENT, IRREVERSIBLE, INCREASES WITH EACH EXPOSURE AND CAN RESULT IN DEATH

www.arco.co.uk

www.arcosafety.ie